Marshalltown, Iowa 50158-5485 Ph: (641) 752-1501 Fax: (641) 753-4278 Chester J. Culver, Governor Patty Judge, Lt. Governor State of Iowa Daniel R. Steen, Commandant

August 28, 2008 For immediate release For more information, contact Lisa Purvis (PR/Marketing Director) at 641-753-4397

IVH and SATUCI Sponsor Upcoming Ride For Recovery

The Iowa Veterans Home (IVH) and the Substance Abuse Treatment Unit of Central Iowa (SATUCI) will host a Ride for Recovery on Sunday, September 28th. The Ride for Recovery coincides with other National Recovery Month events across the country.

"Almost everyone's life has been touched in some way by substance abuse, whether your own, a family members' or a friends'. This ride is to show support for all people who are trying to make positive choices in their lives," said IVH Social Worker Mike Groh.

IVH Substance Abuse Counselor Judy Dostal comments, "Many veterans lives have been touched by substance abuse and the process of recovery is reclaiming their lives and helping them move in a positive direction."

The 10-mile bicycle ride will begin at 2:00 pm at Riverview Park and will wind through the bike trails through Marshalltown to Mega-10 Park and back to Riverview Park.

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